



Physical Education Assessment



UKS2 -Can apply skills to sport specific activities.

LKS2 -Can decide which movements are required to navigate personnel, obstacles and space.

LKS2 – Can copy and complete routines that require high levels of coordination and control.

KS1 – Can combine different movements together with purpose and control.

KS1 – Can show awareness of obstacles and general space when moving.

KS1 – Can understand how body position aids movements.

EYFS – Can start to coordinate feet in order to jump, hop and skip.

EYFS – Can move in different directions with control and coordination.

EYFS – Can run forwards at different speeds without falling or stumbling.

EYFS - Run forwards without stumbling or falling.

UKS2 -Can apply skills to sport specific activities.

UKS2 – With power and over a long distance, can throw overarm.

LKS2 - Can alter grip and technique depending on the object being thrown.

LKS2 - Can accurately perform a bounce pass with a larger ball.

KS1 - Can accurately throw overarm.

KS1 - Is developing the overarm throw.

KS1 - Can accurately perform a push/chest pass with a larger ball.

EYFS - Can throw a ball/object underarm to a partner or at a target.

EYFS - Can throw a ball underarm.

EYFS - Can roll a ball along the floor.

UKS2 -Can apply skills to sport specific activities.

LKS2 - Can coordinate body and hands in to position for an incoming object coming below waist height.

LKS2 - Can coordinate body and hands in order to catch an incoming object above waist height.

KS1 - Can move body in to position to catch incoming object.

KS1 - Can bounce and catch different size balls.

EYFS – Can begin to catch balls of different sizes.

EYFS - Can keep eyes on incoming object.

EYFS – Can spread hands and fingers to match the shape of incoming object.

EYFS – Can catch, stop and keep hold of rolling balls that are different sizes.

EYFS – Can catch a balloon, tissue and other slow falling objects.

UKS2 -Can apply skills to sport specific activities.

UKS2 – Can hit a still/moving ball with purpose and increasing accuracy and power.

LKS2 – Can kick a ball with purpose and increasing accuracy.

LKS2 – Can hit a moving ball with a variety of equipment.

KS1 – Can hit a moving ball at a large target.

KS1 – Can kick a moving ball at a large target.

KS1 – Can pass a ball along the floor to a partner using equipment.

KS1 – Can pass a ball along the floor to a partner using feet.

KS1 – Can hit a non-moving ball with a hockey stick.

EYFS – Can kick a non-moving ball with different parts of their feet.

EYFS – Can kick a non-moving ball.

UKS2 -Can apply skills to sport specific activities.

UKS2 –Can understand how to position body in spaces in attacking and defending situations.

LKS2 – Can understand how to defend spaces when opposition players are attacking.

KS1 – Can understand where space is and the benefits of being there has.

KS1 – Can make simple decisions about when and where to move.

EYFS – Can show awareness of personnel and general space.

EYFS – Can stop Safely.

EYFS – Can negotiate space safely.

UKS2 -Can apply skills to sport specific activities.

LKS2 - Can link and incorporate balances to movements.

KS1 - Can keep balance when traveling along apparatus.

KS1 - Can create shapes when balancing.

KS1 - Can move body in different direction at different speeds maintaining balance.

KS1 - Can balance on small and large body parts and understand stillness.

EYFS - Can hop on one foot without losing their balance.

EYFS - Can jump using both feet together around an area.

EYFS – Can stand on two feet, bend body at the waist in different directions without stumbling or falling over.

UKS2 -Can apply skills to sport specific activities.

UKS2 -Know when is a good time to attack and when to defend.

LKS2 – Can understand how and when to mark attackers.

KS1 – Can understand why standing in a space is a good idea when attacking.

KS1 – Can understand why working as a team strengthens the team.

KS1 - Know how to make attacking difficult when defending.

EYFS - Know the direction to travel in when attacking.

UKS2 -Be able to review their role in the leading of sport/physical activity.

UKS2 -Be able to lead/assist a sporting activity.

UKS2 -Know how to plan appropriate sport/physical activity.

UKS2 –Can understand the roles and responsibilities of a Sports Leader.

UKS2 -Be able to develop own leadership skills.

LKS2 - Know how leadership skills and behaviours can be used in a range of situations.

LKS2 - Know the skills and behaviours needed to lead others.

EYFS KS1 LKS2 UKS2 – In every PE lesson & sporting occasion, I can demonstrate honesty, respect, commitment, humility and self-discipline.

Running, Coordination, Movement and Agility

Throwing

Catching

Striking

Spatial Awareness

Balance

Rules and understanding of games

Leadership & Values