A focus on the progression of skills to create competent sports men and women.





St Michael's C of E Primary School - Our Physical Education Vision



Our Aims for pupils are:

- To be confident when demonstrating the basic skills that underpin the PE curriculum.
- To engage in a skill based curriculum only applying such skills in sport specific situations once competent.
- To become confident leaders.
- To understand that to be a confident and competent swimmer is a life skill.
- To demonstrate honesty, respect, commitment, humility and self-discipline in each and every sporting event and PE lesson.
- Understand that PE and physical activity holds a high importance when achieving good physical and emotional health.

How does this inform teaching and learning?

- Essential skills are outlined in the assessment grid. Each skill individually and/or combined will allow children to succeed in sporting and physical activities. These are broken down into the following strands; movement, throwing, catching, striking, spatial awareness, balance, understanding rules, leadership and values.
- Lessons are designed with particular skills from a strand(s) as a focus. The focus is for the children to master the particular skill in a range of ways and situations. There will not be a 'game specific' application at this point.
- The lessons will be engaging, enjoyable and contain a competitive element.



Curriculum and Extra-Curricular Opportunities

- Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavours to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills.
- Each year a small group of Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.
- Children participate in workshops covering a variety of sports throughout the year. For example archery, outdoor and adventure, boxing and skipping, again providing the children with an opportunity to develop, improve their fitness and to signpost them to clubs that they may not have previously considered attending.
- Children in Year 3 swim once a week in the Autumn Term. Those children who do not meet the required standard then have extra swimming lessons the following year.

Impact:

- Pupils have the ability to confidently execute the skills.
- Pupils are able to swim to the required standard with confidence and competence.
- Pupils enjoy participating in the competitive and engaging lessons.
- Pupils are able to make cross-curricular links.
- Pupils have access to extra-curricular opportunities.
- Pupils feel proud to represent St. Michael's in competitions.